

February 2011

# The Anchor

GRACE & HOLY TRINITY EPISCOPAL CHURCH • WWW.GHTC.ORG



Dear Friends,

Throughout the month of February we will continue to observe the Epiphany Season. Traditionally, this season has had a focus on the missionary work of the church. While we must always be engaged in reaching out in word and deed, it is good to have a special time set aside to redouble our efforts.

On February 6, through our Annual Congregational Meeting, we will focus on the mission of our congregation. The meeting, with Vestry elections will begin at 9:45 a.m. We will elect five new vestry members. As you can see from the list of candidates enclosed in the newsletter we are blessed to have a great slate. I am grateful to each person who has allowed their name to be put forward. Daily Morning Prayer will be offered at 11:00 a.m. with lunch at noon. Please let the church office know if you are staying for lunch so we can prepare for you.

On February 13, we welcome the Rev. Dr. Barney Hawkins, of the Virginia Seminary. The Seminary has long been a proud part of our Diocese and of course, the Seminary has been a vital part of the church's mission.

On February 20 we are pleased to have Ms. Susan Rickman speak. She will tell us about the work of the International Hospital for Children. GHTC has supported this work in the past through the sponsorship of children for surgery.

Finally, on February 27 we welcome back the Rev. Dr. Dwight Jones, Mayor of Richmond and Pastor of First Baptist Church, South Richmond. He is now a veteran of Episcopal worship, and I have told him he can preach a "Baptist length" sermon. He will address what the mission of churches in Richmond can be. Our other preachers will speak at all morning services while Dr. Jones will preach at only 11:00 a.m.

I am looking forward to our guest preachers. We are blessed indeed. And thank you for making the Month of Mission possible through your pledge.

Grace and Peace to You.,

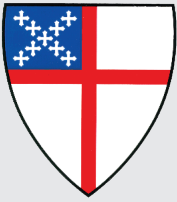
A handwritten signature in black ink, appearing to read "Bollin M. Millner, Jr." with a stylized flourish at the end.

The Rev. Bollin M. Millner, Jr.



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The Anchor is the official monthly newsletter of Grace and Holy Trinity Episcopal Church, a parish in the Episcopal Diocese of Virginia.

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## VESTRY

Pemberton B. Hall  
*Senior Warden*

Julie Joyce  
*Junior Warden*

**2011 Vestry**  
*Carl F. Blackwell  
Pemberton B. Hall  
C. M. Kinloch Nelson  
Nancy R. Trego  
Hugh A. West*

**2012 Vestry**  
*William G. Broaddus  
William R. Derry, Jr.  
Julie Joyce  
Mary Sabra Monroe  
Kathryn W. Wommack*

**2013 Vestry**  
*Edward Catesby Beck  
Donald Paulding Irwin  
Jean Louise DeShazo  
Shelli Clemens Lord  
Edward Hutton Starr, Jr.*



At Grace and Holy Trinity Church we strive to do three things:

**We build strong disciples.**

**We build a strong church community.**

**We serve God and the world God has made.**

We are committed to helping individuals become better disciples of Christ Jesus and we believe in the power of community. We also believe that we exist not just for ourselves, but for God and for God's world. We live out this mission through a variety of ministries represented by the acronym SWEEPPS: Service, Worship, Education, Evangelism, Pastoral Care, Parish Life and Stewardship. You can learn more about these ministries in this newsletter or on the web at [www.ghtc.org](http://www.ghtc.org).

## Emergency Relief

To recap 2010, GHTC donated over \$27,000 in emergency relief funds to the needy in the Greater Richmond community. These funds assisted with prescription medications, power and utility bills, heating oil bills, rent and housing issues, food, and miscellaneous other needs. We worked with agencies such as CrossOver Ministries, the Daily Planet, Freedom House, Area Congregations Together in Service (ACTS), the Richmond City Department of Social Services, and the Richmond Behavioral Health Authority. We fielded over 1800 contacts by phone or walk-in traffic.

As 2011 starts, the poor still have cold months ahead of them until spring and they face few opportunities to better their circumstances. Thus, more and more need is presented to us daily. Please continue to keep this vital parish ministry in your prayers, and consider donating an extra gift to Service Ministries Emergency Relief.

## Soup Kitchen

We'd love your help at Soup Kitchen. Typically the day runs in two shifts: the first runs from 10:00 a.m.-noon, and we cook and set-up; the second runs from about 12:30-2:30 p.m., and we serve and clean up. Everyone (both shifts) tends to gather around noon for lunch together. Many people overlap the two shifts while some volunteers come for one part of the day or the other. We serve from 1:00-1:45 p.m. If you have questions, please contact the Rev. Michael Cadaret or just show up and jump in.

## Gift Cards for local grocery stores

are a very convenient way for Bambi Richardson, who handles intake for Emergency Assistance and the rest of the staff to address emergency need for food. Please considering picking up a few (in denominations of \$25 or smaller) to donate to Service Ministries.

## Stuff you can donate

### Non-perishable food

With no promotion whatsoever, the Service Ministry bin in the back hallway quietly fills with donated non-perishable food. When it's full, we send this on to the Central Virginia Food Bank. **Thank you, Thank you, Thank you**, whoever you are that brings the food in.

For everyone else, did you know that the Central Virginia Food Bank has seen a 28% increase in requests for assistance? Please remember to pick up a couple of extra items to donate the next time you're at the grocery store.



**Except for February 6, the day of our Annual Congregational Meeting,  
we will observe our regular Sunday Schedule in February:**

**7:45 a.m.** Holy Eucharist: Rite I in the Chapel

**8:45 a.m.** Holy Eucharist: Rite II in the Church with a children's sermon and our Intergenerational Music Team.

**11:00 a.m.** Worship in the Church with our Adult choir.

**5:00 p.m.** Holy Eucharist: Rite II in the Chapel with leadership from VCU students

**On February 6 we will follow this schedule**

**7:45 a.m.** Holy Eucharist: Rite I in the Chapel

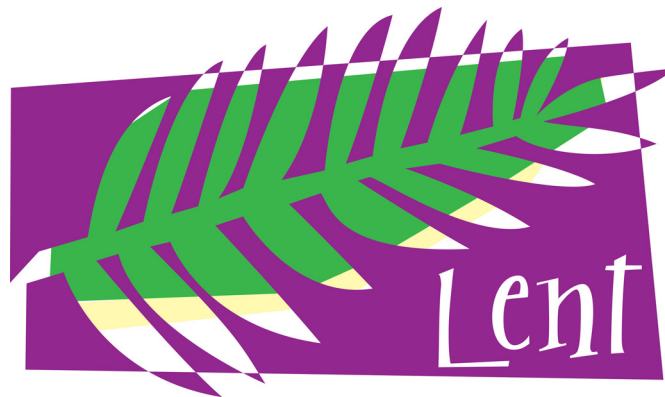
**9:45 a.m.** Annual Meeting

**11:00 a.m.** Daily Morning Prayer: Rite I (on the first Sunday, rather than the second)

**12:00 p.m.** Parish Luncheon

**5:00 p.m.** Holy Eucharist: Rite II in the Chapel

**Lent starts very late this year, with Ash Wednesday falling on March 9.  
We will offer the Liturgy for Ash Wednesday at 7:30 a.m., 12:15 p.m. and at 7:30 p.m.**



## Healthy Living

On February 13th, Grace and Holy Trinity Church will partner with Susan G. Komen for the Cure© to help raise awareness of breast cancer and health. Informational brochures will be available in the Parish Hall. There is no sure way to prevent breast cancer. Some healthy lifestyle choices though, may help lower your risk of breast cancer as well as your risk of heart disease, diabetes, colon cancer and osteoporosis. To lead to a healthy lifestyle and possibly reduce your risk of breast cancer, everyone should try to:



Be physically active.

Maintain a healthy weight.

If you drink, limit alcohol (to less than one drink a day for women and fewer than two drinks a day for men). Those who drink alcohol should try to get enough folic acid, either through a multivitamin or foods like oranges, orange juice, green leafy vegetables and fortified breakfast cereals.

### **Your Emotional health is also important**

Keeping your body free from disease is a big part of healthy living, but it is also important to keep a healthy attitude. Here are some ways to help maintain your emotional health:

- Do things that make you happy and that bring balance to your life. Pay attention to yourself and your needs. Go to the library and pick out a book. Take a walk in the park. Have coffee with a friend.
- Have faith in yourself. Many things can help you be healthier and feel better about yourself. Being in touch with the spiritual part of you through meditation or prayer can help you gain inner peace — in spite of what is going on in your life.

We remember in our prayers all those who are suffering from cancer personally and have family and friends affected by it. We also remember in our prayers all those who have died – “May Light Perpetual Shine Upon Them.” We give thanks for survivors, health care professionals, family and friends.

## Campus Ministry

Our Campus Ministry students are preparing for their 2011 Mission Trip to New Orleans. This will be their 5th trip down to New Orleans over Spring Break to do relief work following Hurricane Katrina. This year, our goal is to take 20 students with us to do mission work! This year's trip will be March 12th-March 19th.

Save the date: The students will be hosting a Shrove Tuesday Pancake supper on March 8th as a fundraiser for their New Orleans Mission Trip. Look for more detail in the March Newsletter.

If you would like to make a contribution to support the Campus Ministry New Orleans Mission Trip, you can mail your donations to the church office with "New Orleans Mission Trip" in the memo line. We thank you for your support!

## Children's Education

### Teaching Sunday School

For millennia, Christians have gathered to engage one another about God. This heritage comes to us through our Jewish roots and has always been essential in forming and strengthening people of faith. That's what teaching Sunday School is – Christian brothers and sisters gathering to engage one another about God. The unique privilege of teaching Sunday School at GHTC is that you get to engage your younger Christian sisters and brothers in this endeavor. Of course, there is content to impart, but more importantly there are relationships to be built and souls to be formed and strengthened to love and serve God, His children and His creation. You don't need to be a biblical scholar. You don't need to fancy yourself as particularly spiritual or religious. You need a mind that is open to learning about God and a heart that is open to God's love. Now is the time to jump in and assist in a class, see what our kids and our teachers are learning together, and to start considering what role you are called to fill in the forming and strengthening of the faith. If you have ideas, questions or are ready to jump in, contact the Rev. Michael Cadaret.

## Youth Education

### Youth: Mark your calendars for the LOCK IN!

**On February 4th-5th, 2011 we will have a Lock In at Grace and Holy Trinity.** 6th-12th graders are encouraged to attend. We will gather at the church at 7:00 p.m. on Friday, February 4th. We will stay at the church until 8:00 a.m. February 5th. To RSVP please email [youth@ghtc.org](mailto:youth@ghtc.org). For more information please contact the Rev. Lauren Kuratko at [lauren@ghtc.org](mailto:lauren@ghtc.org) or 804-359-5628 ext. 15.



**On February 13th we will have Youth Group** for 6th-12th graders. We will meet from 12pm-2pm in the parish hall. Please email [youth@ghtc.org](mailto:youth@ghtc.org) to RSVP. We look forward to seeing you all there!

Be sure to check your youth email to get the final version of the Youth Calendar for Spring 2011. If you do not receive the youth email, and would like to, please contact the Rev. Lauren Kuratko at [lauren@ghtc.org](mailto:lauren@ghtc.org) or 804-359-5628 ext. 15.

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## Adult Education on Sunday

**Bible Study will meet weekly at 10:00 a.m.** in the library, facilitated by Beth McClelland.

We continue our in-depth study and discussion of the Gospel of Luke. For those interested in reading advance materials to prepare, please refer to the following website: <http://www.textweek.com/luke.htm>. Simply look through the list of passages and follow the links to a wealth of material ranging including exegesis, sermons, artwork, and even movie references.

### Coffee and Conversation

This is an unstructured time of fellowship in the Parish Hall following breakfast. Take the time to relax, to catch up with old friends, and to meet new friends.

### Adult Forum in February and March

**Feb. 6th** – Annual Meeting No Adult Forum

**Feb. 13th** – The Anna Julia Cooper Episcopal School is a tuition-free Episcopal middle school located on Church Hill. The school is in its second year and offers an alternative to public education to underprivileged children in the community. Mike Maruca, Head of School, will join us to discuss the vision and future of the school. For more information, look them up on the Internet at [www.annajuliacooperepiscopalschool.org](http://www.annajuliacooperepiscopalschool.org).

**Feb 20th** - Boaz and Ruth is a faith-based nonprofit strategically located in the heart of the impoverished and crime-ridden North Richmond. Boaz and Ruth provides life/work skills and re-entry assistance for released prisoners, fosters commercial revitalization for the troubled community of Highland Park, and bridges culturally and economically disparate communities within the Richmond metropolitan area. Erik Brinkert, Church Partnerships Coordinator, and a program participant will join us to discuss the ministry of Boaz and Ruth. For more information, look them up on the Internet at [www.boazandruth.com](http://www.boazandruth.com).

**Feb 27th** - Embrace Richmond is a faith-based non-profit organization seeking to address issues from a Christian perspective. Their vision is a city united to embrace all; bridging people of every race, class and religious background together to care for one another. They work To strengthen under-resourced communities by empowering community-based leaders and engaging people of faith in works of service. For more information, look them up on the Internet at <http://embracerichmond.wordpress.com>.

**On March 6th, 13th, and 20th**, the Rev. Bo Millner and the Trustees of the Grace and Holy Trinity Endowment will present Heaven, Hell or Hollywood – a series on planned and legacy giving to Grace and Holy Trinity. Look for more information.

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**One of the clergy is always on call.** Please call 359-5628 ext 17 to find out who is on call and how to reach them.

**The Pastoral Care Team meets periodically** to assess care needs and to develop programs to meet them. If you are interested in being on this Team or in learning more, please contact Bill Derry.

**One element of pastoral care is the preparation of couples for marriage.**

Did you know that you can read about weddings at GHTC on our web site? From the home page (ghtc.org) click on “What We Do” and then click the worship link and just scroll down.



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## IN LOVE WITH MUSIC CONCERT

There will be a concert, In Love with Music, on Saturday, February 12 at 4:00 p.m. at Grace & Holy Trinity. Internationally renowned soloists, Anne O’Byrne, soprano, Tracey Welborn, tenor, and an ensemble from Grace & Holy Trinity, Grace Notes, will perform gorgeous love songs from musicals, light opera and opera. The soloists and Grace Notes will be accompanied by George Pugh, pianist. This concert drew rave reviews from a large audience and was one of the highlights of last year’s concert series. There will be a reception, hosted by the Music Ministry Team, following the concert. Invite your family and friends to this wonderful concert on our series!

## Opportunities for Seniors

The Seniors of GHTC are a very important part of our life and involved in almost every ministry of the parish. We are so grateful to them. As a part of our thanksgiving we have entered into a partnership with The Shepherd’s Center. The Center develops programs by, for and with seniors. There are a variety of classes and many trips (day trips and some overnight) offered. The Center can help with minor home repairs and also arrange to take you to doctors’ appointments. You can visit the newly redesigned web site at this address: <http://tscor.wordpress.com/about/>. GHTC member Jodie Pully serves as liaison with the Center and will be glad to tell you more about the programs and how to participate.

**We are in need of more nice plant holders.** These are used particularly by the Altar Guild in placing plants, such as poinsettias, around the church and parish hall. Additional serving dishes are also needed for the kitchen. Please contact Barbara Davenport if you have items that you think might be appropriate for donation.

## Summer 2011 at Shrine Mont

The summer program at Shrine Mont is a ministry of the Episcopal Diocese of Virginia. There are ten amazing camps offered each summer. No matter how old or young you are – whether you have been an Episcopalian your whole life or are just checking out the church – if you are interested in spending some time in the beautiful Shenandoah Valley with others in a safe and welcoming environment, there is a spot for you! From hiking to singing, arts and crafts to an evening spent playing Capture the Flag – ALL of our camps offer a mixture of recreation, group building, spiritual development and just plain ‘ol fun! Registration for campers has begun and this year can be done completely online. For more information, speak with the Rev. Michael Cadaret or The Rev. Lauren Kuratko, or review the camp pages on the diocese’s website: <http://camps.thedioocese.net>.



**On Tuesday, February 8th the Episcopal Church Women** will meet at 10:30 in the parish hall. You may have heard about the Anna Julia Cooper Episcopal School, located in the east end of Richmond. We have invited the head of the school, Michael Maruca, as well as a volunteer, our own Mary Cay Kollmansperger to give us a presentation. A delicious lunch will be provided afterwards. Please mark your calendar and plan to come for fellowship and hear about this new school.



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## **It's Not To Late!**

I have had several phone calls from parishioners asking if it is too late to pay off their 2010 pledge balance. It is never too late! If you need to pay your balance and have misplaced your 2010 end of the year statement, please contact Judy Miller at 359-5628 ext. 14 and she can give you your balance. Your 2010 amount will be posted against your pledge for that year and you will be given credit on your 2011 statement. Thank you for your continued support.

Thank you to the nearly 300 families and people who have already made a pledge to GHTC for 2011. It is also not too late to make a pledge to the mission of Grace and Holy Trinity Church for 2011 if you have not yet done so. Pledge cards are available on the website at <http://www.ghtc.org/stewardship.html>, at the church or by contacting Judy Miller in the church office. If you have not pledged for 2011, the Vestry asks that you consider doing so. It is a spiritual discipline that helps us give thanks to God for all things, but also for Grace and Holy Trinity Church practically it helps us with our yearly planning. If all of our current non-pledgers gave just \$5/week we would be able to fully fund our current ministries and increase our presence in the Richmond community. *Thank you!*

## February 2011 Liturgy Schedule

	2/6/2011	2/13/2011	2/20/2011	2/27/2011	3/6/2011
<b>Altar Guild:</b>	Archie Nichols	George Pugh	Anne Percival	Louise Williams & Liz Bisset	Archie Nichols
<b>7:45</b>	7:45	7:45	7:45	7:45	7:45
<b>Lectors:</b>	Kate Bishop-Pevsner	Kay Gray	Andrew Peacock	Kate Bishop-Pevsner	Kate Bishop-Pevsner
<b>8:45</b>	8:45	8:45	8:45	8:45	8:45
<b>Acolytes:</b>		Jamie Hall Charlie Holloway	Ruslan Thomas Matt Kollmansperger	Kirby Kollmansperger Henry Crowell	Mitchell Green Tim Johnson
<b>Greeters</b>		Vicki & Jay Ayer	Louise Williams & Liz Bisset	Mary Cay & Frank Kollmansperger	TBA
<b>Lectors:</b>		Phil Dawson	Gary Francis	Susan Hankins	Miles Hoge
<b>Chalice Bearers:</b>		Barbara Francis	Bambi Richardson	Nancy Disharoon	Caroline Chilton
<b>11:00</b>	11:00	11:00	11:00	11:00	11:00
<b>Acolytes:</b>	Trevor Hall Rachel Hall Madeline Cadaret Joey Krzyston Abigail Olson	Will Gregory Tyler Starr Thomas Gregory Molly O'Quinn Libby Alexander	Tripp Walker Caroline Williams Barclay Jument Liz Candler Charlene Boyd	Taylor Cadaret Trevor Hall Madeline Cadaret Liz Candler Catherine Alexander	Rachel Hall Tyler Starr Caroline Williams Molly O'Quinn Libby Alexander
<b>Greeters:</b>	Vicki & Jay Ayers	Kristi & Steve Hall	Carla & Richard Hazelgrove	Bev Eggleston Jennifer Gregory	TBA
<b>Lectors:</b>	Nancy Chafin Anne Gray Tom Baynham	Anne Percival Dawn McNamara	Shelli Lord Marshall Morton	Floyd Dormire Jason Corner	Bill Broadus David Purdy
<b>Chalice Bearers:</b>	<i>Daily Morning Prayer</i>	Grace Broadus Bill Broadus Annette Hook	Judy Lankford Nancy Trego Leslie Winn	Donna Campbell David Abbott Mike MacDowell	Aisha Huertas Catherine Perrin Marcia Miller Hailey

**GRACE & HOLY TRINITY  
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