

The Anchor



Grace & Holy Trinity Episcopal Church

May 2011



Dear Sisters and Brothers in Christ Jesus,

It is our great privilege, as we follow the venerable traditions of the liturgical year, to continue our celebrations of Easter. Easter is not a day, but a season, and lasts for a full fifty days. So, each and every day, let us say...and live... "Alleluia. Christ is risen. Christ is risen indeed. Alleluia!"

There are plenty of ways to celebrate and to participate at Grace and Holy Trinity Church in this season. We look forward to Bishop Gulick's visit on May 15th at the 11:00 a.m. service. Bishop Gulick is the newest member of the "Episcopal Team" in the Diocese of Virginia and has been serving as Assistant Bishop since January. Prior to coming to us he was Bishop of Kentucky. He is a dynamic preacher and a warm and engaging person. It will be great to share with him as he confirms both adults and youths.

On May 22 at 11:00 a.m. and in the context of Morning Prayers, the choir will present portions of Handel's Messiah. This musically engaging and theologically insightful work is the perfect way to celebrate Easter.

The Vestry continues its two major initiatives. The first is the Mayor's Youth Academy Work program. We participated last summer and we placed ten high school student interns in various positions in the work force. The Vestry is leading this effort again and if you can help, please be in touch with our Junior Warden, Ed Starr. The Vestry has also been looking at parish hall renovations. Several years ago a team conducted a number of interviews in the parish to see if there was a need for work in this area. Pem Hall has agreed to move this effort forward at this time. Because it has been a while since the issue has been engaged by the whole parish, the process is being renewed by going back to basics. We are asking the question "What is God Calling us to Do?" and in the context of the answer to that question will discern the way forward. Please be sure to read the article inside which will tell you more about this.

I would highlight, out of all the important information in this newsletter, one further thing. This summer, we are starting "the Good Book Club". We are encouraging everyone to participate in this intergenerational event. During the week, we will read assigned passages in the Bible. On Sundays, we will gather together at 9:00 a.m. to hear more, to discuss and to reflect together. It will be fun and informative. We will move to our summer schedule on May 29, with services at 7:45 a.m., 10:00 a.m. and 5:00 p.m. So you can stay late after the early service or come early to the later service to participate in "The Good Book Club." You can read more about this inside.

Blessings and Peace,

The Rev. Bollin M. Millner, Jr.

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Grace & Holy Trinity Church - Contact info

The Anchor is the official monthly newsletter of Grace & Holy Trinity Episcopal Church, a parish in the Episcopal Diocese of Virginia.

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Vestry

Julie Joyce

Senior Warden

Edward Hutton Starr, Jr.

Junior Warden

2013 Vestry

Edward Catesby Beck

Donald Paulding Irwin

Jean Louise DeShazo

Shelli Clemens Lord

Edward Hutton Starr, Jr.

2012 Vestry

William G. Broaddus

William R. Derry, Jr.

Julie Joyce

Mary Sabra Monroe

Kathryn W. Wommack

2014 Vestry

David M. Abbott

Lisa Dawson

Susan Harrison Fitz-Hugh

Eugene Shelburn Smithson, III

Suzanne Y. Williams



**At Grace & Holy Trinity Church
we strive to do three things:**

We build strong disciples.

We build a strong church community.

We serve God and the world God has made.

We are committed to helping individuals become better disciples of Christ Jesus and we believe in the power of community. We also believe that we exist not just for ourselves, but for God and for God's world. We live out this mission through a variety of ministries represented by the acronym SWEPPS: Service, Worship, Education, Evangelism, Pastoral Care, Parish Life and Stewardship. You can learn more about these ministries in the newsletter or on the web at www.ghtc.org.



The Stewardship of Time and Work

Carolyn Chilton

“Is the life that you are living the same as the life that wants to live in you?”

Parker Palmer asks this question in his book Let Your Life Speak. “Before you tell your life what you intend to do with it, listen for what it intends to do with you,” he adds.

Listen to your life. Listen from the “inside out” Palmer says. Where do your heart and your gut tell you that you want to go? Why are you going there? Who will go with you?

How we view and manage our life and work is at its core a spiritual question. It is part of our spiritual pilgrimage to identity, a pilgrimage of discovering and shaping who we are as beloved children of God. Leviticus 9 tells us that we are more than work and what we produce:

When you harvest your land, don’t harvest right up to the edges of your field or gather the gleanings from the harvest. Don’t strip your vineyard bare or go back and pick up the fallen grapes. Leave them for the poor and the foreigner.

The same is true in our lives – don’t work to the edges of your endurance, leave time and energy for your relationships and communities. “There is more to life than increasing its speed,” Gandhi reminds us.

The nature of work is changing sociologists tell us. The dominant understanding once was linear:

Education → leads to work → which leads to retirement → which leads to leisure.

We work, or worked, to make money, but we must also remember the wider gifts of work: the connection to a wider community, personal satisfaction and fulfillment, and how it gives our lives meaning and purpose. We are now evolving into an understanding of work as portfolio.

Our portfolios are comprised of all useful and meaningful activity in our lives. Portfolios look at work with intentionality in the context of our wider life goals, desires and dreams. Our portfolios include: vocational and professional pursuits; on-going learning and self-development; time for recreation and play; time to build and nurture relationships with family and friends; giving back to our communities and personal spiritual growth. How are you making time for these in your life?

“God can bless you with everything you need, and you will always have more than enough to do all kinds of good things for others.” (2 Corinthians 9:8)

Pastoral Care

If you need assistance, anytime of the day or night, please call 359-5628 ext. 17. You will hear a message telling you who is on call and how to reach them.

Bill Derry leads the Pastoral Care Team. They meet to discern needs and to develop programs to meet them. If you are interested in learning more, please contact Bill Derry.



Worship

The James River Ringers Sunday Ensemble

Sunday, May 1, 11:00 a.m.

This handbell ensemble, consisting of members of The James River Ringers, will play special music during the worship service. The James River Ringers, Richmond's premier auditioned community handbell ensemble, is directed by Dottie Tweedie.



MESSIAH

Sunday, May 22, 11:00 a.m.

The Grace & Holy Trinity Adult Choir will present portions of Parts II and III from Handel's "Messiah" which will be accompanied by an orchestra. There will be a reception, hosted by the Parish Life Team, following the service. Please invite your family and friends to this special worship service!

Congratulations

Congratulations to Nancy Trego and Suzanne Dav-
enport who will be graduating from EfM this month. Nancy and Suzanne have completed the four years of study and participation in GHTC's Education for Ministry group.

Note

We are on our regular schedule through May 22 with services at 7:45 a.m., 8:45 a.m., 11:00 a.m. and 5:00 p.m.

On May 29 we move to our Summer Schedule:
7:45 a.m. Worship
9:00 a.m. The Good Book Club (starting June 5)
10:00 a.m. Worship
5:00 p.m. Worship

The Missionary Society is in the midst of planning for their summer trip to Belize.

Again we will be hosting a Sports, Arts, and Music camp for the children from St. Andrew's School in San Ignacio. Last year our congregation was so generous in providing supplies for us. Thank you. Please can you help once more?

All art supplies are appreciated- Drawing paper, construction paper, markers, crayons, scissors, glue sticks, tape, yarn, ribbon, beads, light weight fabric, dry tempera paint, medium sized paint brushes and – the leis were the greatest hit.

Sports equipment – soccer balls, kickballs, basketballs - all balls (to be inflated there), wiffle ball bats, balls and bases, basketball nets, sidewalk chalk

Music - Right now we know we need pencils for the children.

Look for our donation box in the parish hall or call/email Mary and Kinloch Nelson – 288-8743 – knelson@uro.com



Good Book Club - Sunday Mornings this Summer

Abraham, Joseph, Moses, David, Sarah, Esther, Ruth, Noah's Ark, Jonah and the Whale, Solomon's Temple

Jesus, Paul, Peter, James, John, Andrew Thomas, Zaccheus, Lazarus

This summer join the Good Book Club – you and your whole family. Read these and other favorite Bible stories together throughout the week, and then on Sunday mornings at 9:00am join Bo, Lauren, Beth, Michael, and Carolyn in the Parish Hall to talk about these rich stories and characters. Bring the whole family. We want to hear from all ages. Light breakfast items will be provided.



The Good Book Club will meet each Sunday morning beginning June 5th and will end on August 18th. Please join us on Sunday, May 22nd at 10:00am in the Parish Hall for an introductory meeting, where we will make suggestions for Children's Bibles, talk about the cycle of stories that we will read, and introduce the format for this intergenerational time of fellowship and formation. For more information, please contact the Rev. Michael Cadaret.



Thank You note

Thank you Grace & Holy Trinity Church for the prayers you sent for our son Nils Kastenbaum. Nils was diagnosed Jan 2010, only 3 weeks old, with a rare disease called Kasabach-Merritt Phenomena. He has a tumor on his throat. He was at MCV for 120 days and needed help with breathing machine, eating machine etc. He is now finished with the chemo and is doing wonderfully. He is well on the way to being a perfectly normal child!

Helene & Tom Kastenbaum

Thank You note

As part of her Lenten Journey, Dawn McNamara a member of our altar guild, has made individual palm crosses for parishioners attending services on Palm Sunday .

Thank You! Barbara Davenport

Lyric Opera Virginia will present a "Getting to Know You" event at Grace & Holy Trinity on Saturday, May 14, at 4pm.



Peter Mark, who launched Virginia Opera and directed it for thirty-six years, will introduce this new company and will present artists who will be performing beloved arias and duets.



One of the key artists who will be singing at the event is the acclaimed MET soprano Manon Strauss Evrard who has sung with Virginia Opera and who will sing the title role in LOV's production of La Traviata in September. Having this "introductory" event in our church is a wonderful opportunity for us to enjoy and share beautiful music and our wonderful church with the Richmond community and to learn more about LOV and its upcoming plans. The concert is free, with free parking at the VCU parking deck. We hope you will come and invite your friends, neighbors, and business associates to this exciting event.

What is God Calling Grace and Holy Trinity To Do?

Each of us feels called to serve God *individually* in various ways - tutoring a child, rebuilding a neighborhood, tending a garden, reaching out to a friend in need, and countless other acts of service. But, let's zoom out and consider the question, "What God is calling us - Grace and Holy Trinity Church -collectively to do?" The answer is not a quick and easy one. It requires Research, Evaluation, and the Voice of the congregation.

Recently, the Episcopal Church Building Fund (ECBF), a national organization headquartered right here in Richmond, offered to help G&HTC embark on developing a plan for affirming the idea that our Parish Hall is in need of renovating. They suggested that before jumping into **designing** the space (which is admittedly the most fun), we need to spend some time **defining** what God is calling our congregation to be and to do. Using a model of self-evaluation and member participation, the ECBF recommended a three step process for developing our collective vision for G&HTC. First, we should create a Parish Profile that includes membership statistics, neighborhood demographics, and facility usage trends. Secondly, a financial feasibility study should be conducted to determine the financial resources available for upgrading our facilities. And finally, considering the Parish Profile, the financial resources available, and our congregation's vision for the future, a Ministry Program will be developed that defines **who we are** and **what we want** to do as it relates to our mission. Our mission of "building strong disciples, building a strong church community, and serving God and the world He has made" is a strong foundational statement that will allow us the space to grow into what God is calling us to do.

So what then? Once the entire process has been completed, we can begin to answer the question of how we will use our resources with respect to the Parish Hall to further the ministry we have defined. Remember...first define, then design. But in a broader sense, the greatest benefit of the process will be the resulting plan for the future that we have built for ourselves.

Currently, committees are being organized to lead the three efforts in the planning process mentioned above. Look for more information and updates to be publicized in the monthly Anchor newsletter, the Sunday bulletin, the weekly eNews, and on the web site (www.ghtc.org). For questions about the planning process, please contact our Senior Warden, Julie Joyce.





Young Adults (ages 21-39ish) will meet for food and fellowship on **Thursday, May 19th at Water Grill Restaurant** 3711 West Cary Street. GHTC pays for the food and you purchase your own beverage.

This monthly gathering is a great way to meet other young adults in the parish. You are also encouraged to bring your friends and colleagues – it’s a great and relaxing way to introduce them to Grace and Holy Trinity Church.

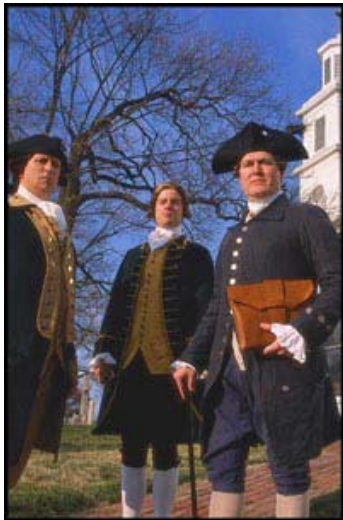
Questions? Contact Julie Herring, the Rev. Lauren Kuratko, Lauren@ghtc.org, or Carolyn Chilton, Carolyn@ghtc.org

MUSIC AND MIRTH

Sunday, June 12, 6:00 p.m.

Come to a fun evening of Music and Mirth at Grace & Holy Trinity! There will be a potluck dinner, sing-along for all, Come One, Come All Choir (which will rehearse on Sun., May 29 and Sun., June 5 at 11:00 a.m.), and individual/small group musical acts.

Please contact Beth Melcher Davis, at emelcherdavis@ghtc.org or 359-5628, ext. 18, if you would like to sing in the **Come One, Come All Choir**.



Anthem Stride Through Time

GHTC One of the Historical Stops on the Stride Through Time 10K Walk

Grace and Holy Trinity Church is one of the featured historical places in the Stride Through Time 10K Walk on **Saturday, May 21st**. The walk is a yearly event of Sports-Backers, who also present the Monument Avenue 10K.

This year’s “historically healthy tour of Richmond” features a new venue through the Fan district of Richmond. It will begin and end at the Virginia Historical Society. As one of the featured places on the walk, our sanctuary will be open for visits, tours and historical information on our building and stained glass windows. It will be fun for all ages!

If you would like to volunteer to help greet visitors and offer tours of GHTC please contact Carolyn Chilton, Carolyn@ghtc.org, 359-5628, ext. 16.

To register for the walk visit www.sportsbackers.org or stride@sportsbackers.org



The Vestry will be taking its Annual Retreat

on May 13 and 14. They will learn more about what is being done at GHTC and discern further about where they would like to lead the parish. Please keep the Vestry in your prayers. The Saturday portion of the retreat will be held at Richmond Hill. We are grateful to each Vestry member for their gifts of time and talent.

Campus Ministry - Youth



Campus Ministry:

The VCU Episcopal Campus Ministry students have safely returned from our New Orleans Mission Trip! The Mission Trip to New Orleans was very successful this year. Twenty people went on the trip and we worked on sheet rocking, painting, and landscaping. We did develop a nasty stomach bug (17 of the 20 got sick on the trip) but apart from that we all had an amazing time. We are now working on closing loose ends with the auction. You should get a phone call within the next week if you bought the time of some of our students. Thank you so much for supporting our mission team! Your support means a lot to us!



Thank you to the Campus Ministry Interns who have served this past academic year!

Please keep the VCU students in your prayers as they enter Spring Finals. VCU Finals are May 5-13. We will have two study breaks for the VCU students. The first will be May 4th from 6:00-8:30 pm. The second will be May 8th following the 5pm service.



Youth:

KING'S DOMINION: MAY 1st

Our 6th-12th graders will be going to King's Dominion on Sunday, May 1st. We will all worship together at the 8:45 a.m. service, and then eat breakfast together. Then we will go to Kings Dominion for a day of fun! Kings Dominion costs \$32 per person. Lunch will be provided. We do not need parents to chaperone, but we do need a couple of parents to help by driving us there and bringing us back home. We will return to GHTC at 6:30 p.m.



May 15th: Confirmation Sunday!

Bishop Gulick will be here on May 15th for Confirmation. Confirmands need to meet at 10:00 am in the nave of the church to meet with the Bishop. Then they will be confirmed at our 11 am service. Please pray for our 9th graders who are to be confirmed and for our Adult Candidates!

Thank You

Thank you to Jane Albertson and George Thomas, who have been our wonderful youth interns this past year. They are both graduating this May from VCU. Jane and George- we will miss you so much! Youth: Remember to thank Jane and George when you see them!

Family Outing to the Richmond Flying Squirrels

At its core Christian fellowship is very simple - sisters and brothers keep one another's company. In other words, we hang out together, so to that end.....

Let's go see some baseball together.

Families come out to see Richmond's new baseball team, the Flying Squirrels on Saturday, May 14th. at 6:35p.m. The group rate (for more than 20) for box seats is \$11. Please Sign up by the close of business Friday, May 6th with the Rev. Michael Cadaret: michael@ghtc.org .



Summer 2011 at Shrine Mont

The summer program at Shrine Mont is a ministry of the Episcopal Diocese of Virginia. All of our camps offer a mixture of recreation, group building, spiritual development and just plain 'ol fun! Registration for campers is currently open. For more information including information on scholarship availability, speak with the Rev. Michael Cadaret or The Rev. Lauren Kuratko, or review the camp pages on the diocese's website: <http://camps.thediocese.net>.

Bible Study meets weekly at 10:00am in the library

In May, the Bible Study group will begin study of the book of Jonah. For those interested in reading advance materials to prepare, please refer to the following websites: <http://www.enterthebible.org/> and http://www.textweek.com/joel_amos_jonah.htm#Jonah. Simply look through the list of passages and follow the links to a wealth of material including exegesis, sermons, artwork, and even movie references.

Confirmation Sunday: May 15th

On Sunday May 15th, the Rt. Rev. Edwin Gulick, Assistant Bishop of the Diocese of Virginia, will be with us to preside over confirmations, to receive members into the Episcopal Church, and bless the reaffirmation of Baptismal Vows. We are pleased to have several adults and youths who have prepared for this occasion. All are invited to join the discussion when Bishop Gulick visits with the confirmands prior to the service at 10:00am in the Chapel. Please join us that day to welcome Bishop Gulick and support the youth and adults who are committing themselves to Christ and this church.

Remember: Confirmants meet Bishop Gulick at 10:00 a.m. in the church.



THE BIBLE – coming this Fall

Beginning this fall and continuing through the program year, the Adult Forum on Sunday mornings will offer a comprehensive introductory course on the Bible. Do you ever:

- Wonder about all the different translations of the Bible?
- Wonder how the story of Israel fits with other civilizations of the ancient Near East?
- Wonder if the prophets really predict the future?
- Wonder why the gospels share certain stories, but differ in so many ways?
- Wonder about how the church decided what texts should be included in the Bible?
- Wonder about how women are depicted?
- Wonder whether the Bible is a handbook for life?
- Wonder how the church and culture has been impacted by the Bible?

We'll discuss all these topics and more. Look for more information over the summer, and if you'd like a head start try these websites: www.enterthebible.org, www.textweek.com, <http://bible.org/netbible/index.htm>. For more information, contact the Rev. Michael Cadaret.

A Dinner Invitation FOR YOU from the EfM Group

GHTC's EfM group invites all who are interested in learning more about the program to dinner on Saturday, June 4th at 6:00 pm. The dinner will be held at the home of Scottie DeShazo. You will meet current and past members of the group and learn more about the program. Please RSVP by June 1st to Carolyn Chilton, Carolyn@ghtc.org, 359-5628 ext. 16.



Education for Ministry, known affectionately as EfM, is a four year program of theological education for lay people. It is a program of the School of Theology at the University of the South in Sewanee, Tennessee. More information is here: www.efmvirginia.com

EfM seminar groups meet weekly and are led by a trained mentor. You commit to one year at a time. The studies include: Old and New Testament, Church History, Theology, Ethics and Liturgy. There are weekly readings in addition to the seminar meetings.

GHTC's EfM group meets on Wednesday evenings from 6:00-8:30 pm at the church. Openings are available for our start-up in September. The group is open to all, including those who are not members here at GHTC.



Helping Professionals Eucharist and Breakfast – Wednesday May 18th

For over 50 years, Grace and Holy Trinity has provided a beautiful Worship Service and Breakfast to lift up the people who help others. Our guest preacher for this service will be the Rev. Lynn Washington, Director of Peter Paul Development Center. This time of worship and fellowship will be on Wednesday May 18th with breakfast following the 7:30 service. You can sign up below or call: Betsy Seaman at 355-8306 or Jane Smith at 359-2219.

The Mother's Day Offering – Sunday May 8th

The Mother's Day Offering will help support programs at the Richmond YWCA. Special envelopes will be available in church prior to May 9th. The YWCA has provided a support system for women in the Richmond area since 1887. Originally founded to house women coming from rural areas to the city for factory work, the YWCA continues its mission of caring for those most in need and providing equal opportunities for women, children, and families of all ages, races, and income levels. Current programs address family violence, sexual assault, and homelessness. Give with a generous heart! You can visit their web site at: www.ywcarichmond.org.



Please consider donating - Non-perishable food

Did you know that the Central Virginia Food Bank has seen a 28% increase in requests for assistance? Please remember to pick up a couple of extra items to donate the next time you're at the grocery store. We collect nonperishable items and forward them on to the CVFB.

Gift Cards for local grocery stores are a very convenient way for Bambi Richardson and the rest of the staff to address emergency need for food. Please consider picking up a few cards in denominations of \$25 or smaller to donate to Service Ministries.

Soup Kitchen

Summer is coming and is a great time for individuals and families who are so busy throughout the rest of year to take a couple hours to serve our less fortunate neighbors.

We'd love your help at Soup Kitchen. Typically the day runs in two shifts: the first runs from 10am-noon, and we cook and set-up; the second runs from about 12:30-2:30, and we serve and clean up. Everyone (both shifts) tends to gather around noon for lunch together. Many people overlap the two shifts while some volunteers come for one part of the day or the other. We serve from 1:00-1:45. If you have questions, please contact the Rev. Michael Cadaret or just show up and jump in.

Liturgical Schedule for May 2011

	5/1/11	5/8/11	5/15/11	5/22/11	5/29/11	6/5/11
Altar Guild:	George Pugh	Archie Nichols	Louise Williams Liz Bisset	Anne Percival	Grace Broadddus	George Pugh
7:45	7:45	7:45	7:45	7:45	7:45	7:45
Lectors:	Kate Bishop-Pevsner	Kay Gray	Andrew Peacock	Kay Gray	Kate Bishop-Pevsner	Kate Bishop-Pevsner
8:45	8:45	8:45	8:45	8:45	Summer Schedule Begins	
Acolytes:	Ruslan Thomas Matt Kollmansperger	Kirby Kollmansperger Henry Crowell	Mitchell Green Tim Johnson	Jordan Smithson Emma Smithson		
Greeters	Debra Cole Carolyn Chilton	Jane & David Abbott	Mary Cay & Frank Kollmansperger	Carolyn Chilton Tammy Roe		
Lector:	Miles Hoge	Ellen Featherstone	John Thomas	Carrie Hoge		
Chalice Bearers:	Carolyn Chilton	Bambi Richardson	Barbara Francis	Nancy Disharoon		
11:00	11:00 - Confirmation					
Acolytes:	Rachel Hall Trevor Hall Madeline Cadaret Catherine Alexander Libby Alexander	Russel Jarvis Will Gregory Thomas Gregory	Taylor Cadaret Tripp Walker Barclay Jument Joey Krzyston Abigail Olson	Trevor Hall Rachel Hall Tyler Starr Molly O'Quinn Charlene Boyd	Drew Williams Caroline Williams Liz Candler Catherine Alexander Libby Alexander	TBA
Greeters:	Vicki & Jay Ayers	Louise Williams Liz Bisset	Carla & Richard Hazelgrove	Jennifer Gregory Joan Purvis	Marietta & Floyd Dormire	TBA
Lectors:	Bill Broadddus Nancy Trego	David Purdy Dusty O'Quinn	John McLees Annette Hook	Karin Walker Ann Gray	Floyd Dormire Tom Baynham	Bill Broadddus Hugh West
Chalice Bearers:	Catherine Perrin Judy Lankford Nancy Trego	<i>Daily Morning Prayer</i>	Annette Hook Aish Huertas	Donna Campbell Catherine Perrin Jane Chaffin	Marcia Miller Hailey Sue Fitz-Hugh	Leslie Winn Nancy Trego



Schedule

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Parish Weekend at Shrine Mont, Oct. 14-16, 2011



Join fellow parishioners for a weekend in the beautiful Shenandoah Valley at our diocesan conference center, Shrine Mont. Mark your calendar and register now to receive early-bird, lower rates. Registration forms are located in the parish hallway or on-line at GHTC.org.

*G&HT Fall Parish
Weekend
SAVE-THE-DATE*

Early registration deadline is May 22nd

Please give your registration with deposit to: Paul or Mary Jo Hughes, Hal or Kathy Hill, Lauren Kuratko, or Michael Cadaret.

Questions: Paul or Mary Jo at 639-3079 or maryjopaul@comcast.net
Hal or Kathy at 320-0629 or kecolwell@comcast.net

To learn about the variety of programs offered at Shrine Mont go to www.shrinemont.com

